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| Term | Definition | Real World Example |
| 1. Motivation |  |  |
| 1. Instinct |  |  |
| 1. Drive-Reduction Theory |  |  |
| 1. Homeostasis |  |  |
| 1. Incentive |  |  |
| 1. Yerkes-Dodson law |  |  |
| 1. Hierarchy of Needs |  |  |
| 1. Glucose |  |  |
| 1. Set Point |  |  |
| 1. Basal Metabolic Rate |  |  |
| 1. Sexual Response Cycle |  |  |
| 1. Refractory Period |  |  |
| 1. Sexual Dysfunction |  |  |
| 1. Estrogen |  |  |
| 1. Testosterone |  |  |
| 1. Emotion |  |  |
| 1. James-Lange Theory |  |  |
| 1. Cannon-Bard Theory |  |  |
| 1. Two-Factor Theory |  |  |
| 1. Polygraph |  |  |
| 1. Facial Feedback Effect |  |  |
| 1. Health Psychology |  |  |
| 1. Stress |  |  |
| 1. General Adaptation Syndrome |  |  |
| 1. Tend and befriend response |  |  |
| 1. Psychophysiological illness |  |  |
| 1. Psychoneuroimmunology |  |  |
| 1. Lymphocytes |  |  |
| 1. Type A |  |  |
| 1. Type B |  |  |

Significant Psychologists:

Abraham Maslow

William Masters

Virginia Johnson

William James

Stanley Schachter

Hans Selye